

3. A method as claimed in claim 1 and further comprising writing over previously recorded memory block when the available capacity of unrecorded memory blocks is exceeded.
4. A method as claimed in claim 1 and further comprising the step of instigating operation of a video cassette recorder to record the signal transmission.
5. A method as claimed in claim 4 in which instigation of the recording or reading step is selected from an on-screen menu.
6. Apparatus to permit the delayed viewing of a substantially continuous sequential signal transmission, the apparatus comprising means to receive and process the continuous sequential signal transmission and where necessary to convert into a digital output, means to write the signal to a storage medium and means to read a signal recorded on the storage medium, the write and read means being operable simultaneously to permit reading of previously recorded signals whilst signals currently being received are being recorded and further comprising at least one of - 1) means to trigger automatic recording of the continuous sequential signal transmission when other temporary text and/or graphics are present on screen; 2) control means automatically instigate operation of a video cassette recorder to act as a supplemental storage medium for the continuous sequential signal transmission.
7. Apparatus as claimed in claim 6 in which the storage medium comprises a plurality of recordable segments.
8. Apparatus as claimed in claims 6 and further comprising control means to instigate write and read functions.
9. Apparatus as claimed in claim 6 and comprising means to generate an on

10. Apparatus as claimed in claim 6 comprising means identifying where in the memory the current write command was commenced and means for directing the read head to commence reading from the same place on receipt of a read command.

11. Apparatus as claimed in claim 6 in which the control means initiates operation of a video cassette recorder on commencement of the write command or at a prescribed interval thereafter.

12. Apparatus as claimed in claim 11 in which actuation of the video cassette recorder is selected from an on-screen display as one of a number of options.

13. Apparatus as claimed in claim 6 in which the storage medium is one of a hard disk or a digital video disk.

14. A method permitting the delayed viewing of a substantially continuous signal transmission upon selection of additional on screen menus, the method comprising automatically recording a version of the continuous signal transmission onto a digital storage medium when additional temporarily on screen graphic and/or text and/or video images are displayed, re-commencing delayed read of digitally stored signal and displaying same when prompted or automatically when said temporarily on screen graphics and/or text and/or video images are no longer displayed.

REMARKS